



NHS

 Camden

Camden Mobile Health

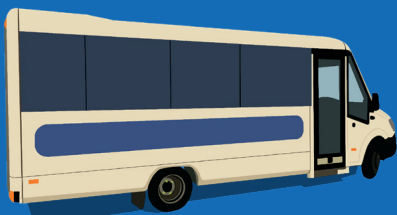
Come and visit us for a BMI and Know Your Risk score assessment and blood pressure check, winter flu vaccination for eligible people*, smoking cessation information and advice, no appointment needed

We will be open at the below location:

The Phoenix Gardens

New Compton Street, opposite
Phoenix Gardens, WC2H 8AH

Saturday 8 March
10am-2pm



Winter Flu
vaccines
offered



***Groups to be offered the Flu vaccination are:**

- pregnant women
- those aged 65 years and over
- those aged 18 years to under 65 years in clinical risk groups (as defined by the Green Book, Influenza Chapter 19)
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals
- frontline workers in a social care setting without an employer led occupational health scheme including those working for a registered residential care or nursing home, registered domiciliary care providers, voluntary managed hospice providers and those that are employed by those who receive direct payments (personal budgets) or Personal Health budgets, such as Personal Assistants
- Find out more about flu vaccines: <https://www.nhs.uk/vaccinations/flu-vaccine/> and <https://www.nhs.uk/vaccinations/child-flu-vaccine/>

Know Your Risk assessment (KYR)

KYR score uses a points system to identify if a person is at low, increased, moderate or high risk of developing type 2 diabetes.

It is evidence-based and consists of seven simple questions related to age, gender, ethnicity, family history, waist measurement, Body Mass Index(BMI) and blood pressure.

Based on this score, advice is provided in the form of lifestyle changes or a GP referral